



JUMPS CLINIC

Tomahawk Figure Skating Club

COST \$150.00

CONTACT

Chris Witulski
303-519-9580

Mail Registration to:
TFSC
P.O. Box 223
Tomahawk, WI 54487

EMAIL:
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The **Tomahawk Figure Skating Club** is happy to welcome coaches Surya Bonaly, Peter Biver, and Heidi Strosahl to Sara Park for a Jumps Clinic!

Surya Bonaly is a 10-Time French National Champion, 5-Time European Champion, 3-Time Olympian, and 3-Time World Silver Medalist

Peter Biver is a U.S. National Competitor as well as a six time USFS Gold Medalist and professional performer with Holiday On Ice. Professionally coaching full time since 2002, Peter will be focusing on jump drills and exercises.

Heidi Strosahl has been coaching for over 20 years. She coaches through Intermediate Moves, Intermediate Freestyle, and Pre-Silver Dance. She also choreographs and does off ice conditioning. When not skating, Heidi is a graphic designer, and is continuing her education in the area of personal training through her ISSA certified business Spiral Fitness.

WHEN

October 12th, 2019 9:00 am to 3:00 pm. The clinic combines on-ice and off-ice group instruction for skaters to maximize their full potential. It is designed for skaters working on pre-preliminary levels and higher.

Register early to secure you space.

Private lessons available Friday 10/11 5:00 pm to 9:00 pm, Saturday 10/12 5:00 pm to 9:00 pm, and Sunday 10/13 8:00 am to 12:00 pm.

WHERE

Tomahawk Figure Skating Club, Sara Park Ice Arena,
Tomahawk, WI

Registration Form



Skater name: _____

USFSA #: _____

Address: _____

Parent/Guardian (if under 18): _____

Phone #: _____

Email: _____

Home Club: _____

Test Level Passed: MIF _____ Dance _____

Free Skate _____

Primary Coach Name: _____

Check One if attending Jump Clinic:

_____ working on half jumps _____ working on single jumps

_____ working on Axel _____ solid Axel, working on dbls

_____ 3 or more dbl jumps

Private Lessons:

Scheduled First Come, First Serve on Saturday from 5pm to 9pm and Sunday from 8am to 12pm. All lessons scheduled in 15 minutes increments. Ice and Coaching fees are in addition to the clinic fees. Skaters may take lessons from multiple coaches. Private lesson schedule will be emailed 1 week prior to the clinic. Lesson Fees are due on clinic weekend.

| Coach | # of 15 minute lessons | Preferred Time |
|------------------------------|------------------------|----------------|
| Surya Bonaly - \$25/15 min. | | |
| Peter Biver - \$20/15 min. | | |
| Heidi Strosahl - \$8/15 min. | | |

Fees:



Jump Clinic Registration Fee: *Non-refundable* _____\$150

Private Lesson Only Registration Fee: _____\$30

Private Lessons Ices Fees: _____X 30min X \$7.00=_____

Total: _____

Payment is due with registration. Registration deadline is 9/27/19.

Mail Completed Registration to:

TFSC

Attn: Chris Witulski

P.O. Box 223

Tomahawk, WI 54487

Make checks payable to: TFSC

