

Timberline Figure Skating Club
Junior Coach Information Sheet

Welcome to Timberline Figure Skating's Junior Coach Program. We are excited by the fact that you are interested in being a Junior Coach. To begin the process, please complete this packet. This packet **must** be submitted to the TFSC Board for **approval prior** to coaching on TFSC contracted ice. All Junior Coaches must be 16 years of age or older and have fulfilled all the requirements below. If you have any questions, please contact us at timberlinefsc@gmail.com.

Requirements for Junior Coaches:

1. **Resume:** Must have a CURRENT resume on file.

____ I submitted a resume last year.

____ Current resume is attached.

2. **Personal Liability Insurance** - Attach a copy of your CURRENT Personal Liability Insurance. This can be obtained through the USFS website or Learn to Skate website.

3. **Learn to Skate Instructor Certification** - Attach a copy of your CURRENT LTS Instructor Certification

4. **Completed background** check if over the age of 18 years: yes no N/A

5. **Full club member** of Timberline Figure Skating Club (see website for membership forms).

5. **Mentor Coach:** Please indicate your mentor coach _____.

6. **Signature of Mentor Coach:** By signing here, I agree to the requirements, set forth by TFSC, for being a Mentor Coach (see Requirements for Mentor Coaches in this packet).

Mentor Coach Signature: _____

7. **Board approval** prior to coaching on TFSC contracted ice.

**Timberline Figure Skating
Junior Coach Application**

1. COACH INFORMATION:

Name: _____

Birthday: _____

Address: _____

LTS #: _____

Phone: _____

Alt. Phone: _____

Email: _____

Home Club: _____

2. FIGURE SKATING BACKGROUND

Personal Highest Test Passed:

Dance _____

MIF _____

Freestyle _____

3. COACHING BACKGROUND

Please list coaching experience: _____

4. Signature of Learn to Skate Director verifying the number of volunteer hours in the LTS program.

Number of volunteer hours recorded: _____

Signature of LTS Director: _____

Requirements for Mentor Coaches

- A Mentor Coach will have time available to help the Junior Coach grow:
 - A Mentor Coach agrees to check in with his/her Junior Coach either in-person, over-the-phone, or online, once per month at a minimum.
 - The Mentor Coach must sign the Junior Coach's application to show that they agree to help the potential Junior Coach grow as an instructor.
 - The Mentor Coach is not only there to answer questions, but also to help the Junior Coach navigate through the responsibilities of a coach, including
 - Proper teaching techniques,
 - Communication with skater,
 - Communication with parents,
 - Navigating the coaching requirements as stated by Learn to Skate and USFSA.
- A Mentor Coach agrees to monitor the Junior Coach's educational requirements
- A Mentor Coach agrees to ensure a high level of coaching by the Junior Coach
- A Mentor Coach will bring any coaching concerns they may have about his/her Junior Coach to the Board, if they are not able to be addressed between Mentor Coach and Junior Coach directly

AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY (Required)

Coach's Name: _____

(Please Print)

In consideration of being allowed to participate in the Timberline Figure Skating Club/Greenheck Field House/Marathon Park program, related events and activities, including, but not limited to programs at the Arena and Off-site, the undersigned acknowledges, appreciates and agrees that:

1. The risk of injury from the activities involved in this program is significant, including, but not limited to, the potential for permanent paralysis and death and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown and assume full responsibility for my participation; and
3. I willingly comply with the rules and procedures for participation. If, however, I observe, or in the case of a minor, the parent(s) or legal guardians(s) observe, any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and
4. I, for myself, and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, WAIVE AND HOLD HARMLESS, TIMBERLINE FIGURE SKATING CLUB, GREENHECK FIELD HOUSE, MARATHON PARK, MARATHON COUNTY, WAUSAU, SCHOFIELD, their representative administrators, members, directors, agents, coaches, officials, other participants, sponsors, advertisers, and, if applicable, owners and lessors of the premises used to conduct the event, including, but not limited to, at the Arena, in transit to or from the Arena, hereinafter referred to as "releases", from any and all liability to each of the undersigned, and any and all claims, demands, losses or damages on account of INJURY, DISABILITY, OR DEATH, or loss or damage to property.
5. I also understand and accept the fact that by the terms of the ice rental contract between Timberline Figure Skating Club, Greenheck Fieldhouse, Marathon Park, Marathon County, and the officers, directors, supervisors and employees of the above entities are not responsible for any property damage or loss suffered by me which occurs in the locker rooms or any other area wherein property of mine or the skating club is kept or stored, either permanently or temporarily.
6. This waiver and release is understood to supercede and take precedence over any other agreement or representation, whether written or oral, which contradicts the terms of this waiver.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT AND FULLY UNDERSTAND ITS TERMS. I FURTHER UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING THIS FORM, AND HEREBY SIGN IT FREELY, VOLUNTARILY AND WITHOUT ANY INDUCEMENT.

Participant's Signature Participant's PRINTED Name Date

Emergency Contact Person Emergency Phone Number

Participant's Address

TIMBERLINE FIGURE SKATING CLUB RULES AND PROCEDURES (Required)

The following rules and procedures are to promote an atmosphere conducive to training as well as allow for the safety of each skater. The rules must be followed by both skaters and pros in order to be effective:

1. All rink monitors are authorized to determine admission, monitor conduct on the ice and enforce rules.
2. Skaters must sign-in **BEFORE** they get on the ice and between contiguous sessions. If a skater is not checked in within ten (10) minutes after the session begins, their slot may be resold to another skater.
3. Admission to be determined in the following order: 1) Club members on a first come, first served basis. 2) Contracted skaters who have signed in. 3) All other skaters on a first come, first served basis. (For example - If a member skater forgets to sign in the book, and there are more than 18 skaters on the ice. The skater that did not sign into the book will be asked to get off the ice, regardless of whether or not they are contracted) **SKATERS MUST REMEMBER TO SIGN IN**. Skaters not contracted, **must record the time** that they arrive at the rink upon signing in.
4. Skaters may be removed from the ice for any of the following: 1) Intentionally damaging the surface of the ice 2) Consistent lack of consideration for other skaters 3) Offensive, abusive or profane language 4) Wild or rough skating 5) Disrespectful actions towards pros, ice monitors, other skaters or arena personnel.
5. Consumption of food/snacks/beverages on ice or near boards is prohibited; the only exception is water bottles and must be kept back in the hockey boxes away from the ice surface. Keep all personal items such as tissue boxes, notebooks, music, apparel clear of ice surfaces and/or access areas for safety of all and remove them after each session.
6. Be considerate in the use of the ice. Consideration for 'right of way' on the ice is as follows: 1) skaters doing their program to music (wear blaze orange vest or orange sash), 2) skaters having lessons, 3) skaters in the harness. Practicing a program is critical to skating development; therefore, all coaches and skaters should be aware of who has the right of way. Anyone, including coaches, who ignore these rules and procedures will first receive a warning and then be suspended from the session.
7. The club will assign a rink monitor for each session where music is played. Program CDs will be played by the rink monitor. The skate order is the order in which skaters put their CD in line. A skater **must** wear the blaze orange vest or orange sash when their CD is being played. The skater whose music is being played has the right-of-way, although safety is the first priority. We have a NO VEST...NO MUSIC policy, so if do not have the blaze orange vest/orange sash on and your music is playing, your music may be stopped until you wear the blaze orange vest or orange sash. **NO EXCEPTIONS!!!**
8. Avoid congregating on the ice during ice time; this is a hazard to all skaters; step off the ice for discussion of instruction, re-tying of skates, chatting etc.
9. Coaches should instruct from the board area. Exception is teaching a new program or demonstrating elements.
10. All video-taping must be done from the boards.
11. Skaters who are not current with their fees will not be allowed on the ice.
12. Skaters who have not signed the liability waiver will not be allowed on the ice.
13. Skaters who are not current USFS members will not be allowed on the ice during "TFSC time".
14. Please leave the ice promptly when the Zamboni doors open for resurfacing, and/or buzzer sounds.
15. Ice Monitor / Admission concerns should be addressed to a TFSC Board Member for resolution.
16. Any grievances should be brought to the TFSC Board of Directors.

Printed Name

Signature

(Date)