

Legends & Superstars Practice Schedule:

Thursday, March 7, 2019

5:30 – 6:00 p.m.	Can't Hurry Love, Coach Lea	Ring of Fire, Coach Montana
6:00 – 6:30 p.m.	All Shook Up, Coach Lea & Montana	

Friday, March 8, 2019

5:30 – 6:00 p.m.	Smooth Criminal, Coach Anne	Get Into the Groove, Coach Heather
6:00 – 6:30 p.m.	Superstition, Coach Anne & Heather	

Saturday, March 9, 2019

9:30 – 10:15 a.m.	Tiny Dancer, Coach Lea & Montana	Blackbird, Coach Danielle
10:15–11:00 a.m.	TNT, Coach Lea & Danielle	
11:00–11:30 a.m.	Survivor (Badger), Coach Lea & Montana	

Tuesday, March 12, 2019

5:30 – 6:00 p.m.	Can't Hurry Love, Coach Lea	Ring of Fire, Coach Montana
6:00 – 6:30 p.m.	All Shook Up, Coach Lea & Montana	Solos
6:30 – 7:00 p.m.	Superstition, Coach Anne & Heather	Solos
7:00 – 7:30 p.m.	Smooth Criminal, Coach Anne	Get Into the Groove, Coach Heather
7:30 – 8:30 p.m.	Rockin Robin (Synchro), Coach Anne	

Thursday, March 14, 2019

5:30 – 6:30 p.m.	Tiny Dancer, Coach Lea & Montana	Blackbird, Coach Danielle
6:30 – 7:30 p.m.	TNT, Coach Lea & Danielle	
7:30 – 8:30 p.m.	Rockin Robin (Synchro), Coach Anne	

Friday, March 15, 2019

5:30 – 6:00 p.m.	Can't Hurry Love, Coach Lea	Ring of Fire, Coach Montana
6:00 – 6:30 p.m.	All Shook Up, Coach Lea & Montana	Superstition, Coach Anne & Heather
6:30 – 6:45 p.m.	Solos	Superstition, Coach Anne & Heather
6:45 – 7:30 p.m.	Smooth Criminal, Coach Anne	Get Into the Groove, Coach Heather
7:30 – 8:30 p.m.	We Will Rock You, All Coaches	

Saturday, March 16, 2019

10:00–10:30 a.m.	Tiny Dancer, Coach Lea & Montana	Blackbird, Coach Danielle
10:30-11:00 a.m.	TNT, Coach Lea & Coach Danielle	
11:00-11:50 p.m.	Rockin Robin (Synchro), Coach Anne	
11:50-12:20 a.m.	Survivor (Badger), Coach Lea & Montana	Solos
12:20 – 1:00 p.m.	We Will Rock You, All Coaches	

***See other side for practice the week of show**

Monday, March 18, 2019

5:30 – 5:50 p.m.	Can't Hurry Love, Coach Lea	Ring of Fire, Coach Montana
5:50 – 6:10 p.m.	All Shook Up, Coach Lea & Montana	Superstition, Coach Anne & Heather
6:10 – 6:50 p.m.	Think (Opening), Coach Anne & Heather	
6:50 – 7:30 p.m.	We Are the Champions (Closing), Coach Montana & Danielle	
7:30 – 7:50 p.m.	Smooth Criminal, Coach Anne	Get Into the Groove, Coach Heather
7:50 – 8:10 p.m.	Survivor (Badger), Coach Lea & Coach Montana	
8:10 – 8:30 p.m.	Rockin Robin (Synchro), Anne	
8:30 – 8:50 p.m.	Tiny Dancer, Coach Lea & Montana	Blackbird, Coach Danielle
8:50 – 9:10 p.m.	TNT, Coach Lea & Danielle	
9:10 – 9:30 p.m.	We Will Rock You, All Coaches	Solos

Thursday, March 21, 2019

5:30 – 5:50 p.m.	Think (Opening), Coach Anne & Heather	
5:50 – 6:10 p.m.	We Are the Champions (Closing), Coach Montana & Danielle	
6:10 – 8:00 p.m.	Technical Rehearsal	ALL SKATERS
8:00 – 9:30 p.m.	Re-skates upon coach request	Solos/Duets

Friday, March 22, 2019

5:30 – 7:30 p.m.	Dress Rehearsal	ALL SKATERS IN COSTUMES
7:30 – 8:30 p.m.	Re-skates upon coach request	Solos/Duets

Saturday, March 23, 2019

9:00 – 10:00 a.m.	Solos/Duets	
10:00 a.m.	Skaters ready for 1 st show	General Warm-up
10:50 a.m.	Ice Make	
11:00 a.m.	Show Time!	
3:00 p.m.	Skaters ready for 2 nd show	General Warm-up
3:50 p.m.	Ice Make	
4:00 p.m.	Show Time!	

- All practices are at Greenheck Fieldhouse
- All skaters must attend Technical and Dress rehearsal
- Skaters may leave after they skate both their numbers for Technical rehearsal on Thursday evening unless their coach requests a re-skate – check with coach first!
- All skaters must stay for the entirety of Dress rehearsal on Friday night. We will run through re-skates beginning with the youngest skaters after dress rehearsal so they can get home as quickly as possible. Skaters may leave their costumes and skates in the locker rooms Friday night, as they will be locked. Please have your items clearly labeled with your name.
- THANK YOU to all parents for your commitment to bring your skater to all practices on time and ready to skate – let us know if you won't be able to make it to any
- THANK YOU to all skaters for your hard work and dedication – this is your show!
- Please contact Laura Litzer, Show Director, with questions at 715.370.3612